



R.E.A.C.H.

Recreation Events, Activities & Community Happenings



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Scan for online program registration!



Lee's Famous

recipe. chicken



EXPERIENCE THE HAND-BREADED, HONEY-DIPPED, PRESSURE-COOKED PERFECTION YOU'LL ONLY FIND AT LEE'S FAMOUS RECIPE CHICKEN WHEN YOU VISIT OUR NEWEST LOCATION.



586-416-9400

LEE'S FAMOUS RECIPE CHICKEN

OPEN 7 DAYS 10AM - 10PM

41501 Garfield Rd, Clinton Twp, MI 48038 | LEESFAMOUSRECIPE.COM



<p>2PC DARK DINNER \$6.49</p> <p>Lee's Famous recipe chicken <small>Valid only at participating Lee's locations. Not valid with any other promotional offer or coupon. EXPIRES: 9-30-25</small></p>	<p>CHICKEN SANDWICH COMBO</p> <p>\$1.00 OFF</p> <p>Lee's Famous recipe chicken <small>Valid only at participating Lee's locations. Not valid with any other promotional offer or coupon. EXPIRES: 9-30-25</small></p>	<p>LARGE ORDER OF LIVERS OR GIZZARDS</p> <p>\$1.00 OFF</p> <p>Lee's Famous recipe chicken <small>Valid only at participating Lee's locations. Not valid with any other promotional offer or coupon. EXPIRES: 9-30-25</small></p>	<p>20PC MEAL</p> <p>\$5.00 OFF</p> <p>Lee's Famous recipe chicken <small>Valid only at participating Lee's locations. Not valid with any other promotional offer or coupon. EXPIRES: 9-30-25</small></p>	<p>10PC DARK BOX</p> <p>\$2.00 OFF</p> <p>Lee's Famous recipe chicken <small>Valid only at participating Lee's locations. Not valid with any other promotional offer or coupon. EXPIRES: 9-30-25</small></p>
<p>LARGE SIDE</p> <p>\$3.99</p> <p>Lee's Famous recipe chicken <small>Valid only at participating Lee's locations. Not valid with any other promotional offer or coupon. EXPIRES: 9-30-25</small></p>	<p>CHICKEN POT PIE</p> <p>\$1.00 OFF</p> <p>Lee's Famous recipe chicken <small>Valid only at participating Lee's locations. Not valid with any other promotional offer or coupon. EXPIRES: 9-30-25</small></p>	<p>12PC MEAL</p> <p>\$4.00 OFF</p> <p>Lee's Famous recipe chicken <small>Valid only at participating Lee's locations. Not valid with any other promotional offer or coupon. EXPIRES: 9-30-25</small></p>	<p>16PC BOX</p> <p>\$4.00 OFF</p> <p>Lee's Famous recipe chicken <small>Valid only at participating Lee's locations. Not valid with any other promotional offer or coupon. EXPIRES: 9-30-25</small></p>	<p>15% OFF Entire Order (No Minimum)</p> <p>Lee's Famous recipe chicken <small>Valid only at participating Lee's locations. Not valid with any other promotional offer or coupon. EXPIRES: 9-30-25</small></p>

A MESSAGE FROM SUPERVISOR VIVIANO

Dear Residents,



Welcome back! The feedback from our first issue of Macomb Township's new magazine was overwhelmingly positive, and we are thrilled to be reaching more residents than ever before. With every issue, we will bring you interesting and useful stories about what is happening here, in your backyard.

But, we know we can make this publication even better. That's where you come in.

This is YOUR magazine and you can help steer its content. Do you know a resident or business in our community that should be spotlighted? Are there aspects of our Township you want to learn more about? Contact us at supervisor@macomb-mi.gov and let us know what you want to read about in your Macomb Township Magazine.

Sincerely,

Frank J. Viviano

Macomb Township Supervisor

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MACOMB TOWNSHIP BOARD OF TRUSTEES

Supervisor	Trustee
Frank Viviano	Ronald P. Papa Jr.
Clerk	Trustee
Kristi Pozzi	Frank Cusumano
Treasurer	Trustee
Leon Drolet	Charlie Oliver
	Trustee
	Peter J. Lucido III

IMPORTANT NUMBERS:

Supervisor's Office	586.992.0710 x 6
Clerk's Office	586.992.0710 x 3
Treasurer's Office	586.992.0710 x 7
Assessing Dept.	586.992.0710 x 2
Land Development	586.992.0710 x 1
Parks & Recreation	586.992.2900
Dept. of Public Works	586.598.0687
Emergency Line	586.598.1790
Fire Department	586.286.0027
Emergency	911
Sheriff's Office	586.469.5151
Emergency	911

SEASONAL OFFICE CLOSURES:

Macomb Township offices will be closed on the following dates for observed holidays:

September 1, 2025
October 13, 2025
November 11, 2025

November 27-28, 2025
December 24 - January 1, 2026

Office hours will resume as normal on the business day following each holiday.

STAY CONNECTED!

Sign up for text or e-mail notifications at:
www.macomb-mi.gov/notifyme

WELCOME NEW BUSINESSES IN YOUR NEIGHBORHOOD!



Dream and a Whisk Bakery, owned by resident Stephanie Mendola, celebrated their grand opening on May 11, 2025.

Local businesses play a pivotal role in building local communities. Be it retail stores, restaurants or repair shops, small businesses provide goods and services directly to our community, create local jobs and boost our local economy.

Several locally owned businesses have taken up residence right here in Macomb Township over the past few months. Find more local businesses to support in our community on the Macomb Township website: www.macomb-mi.gov/656/Local-Businesses.



Saroki's Crispy Chicken & Pizza on 23 Mile and North Avenue offers an assortment of quick and tasty lunch or dinner options.

MT's Newest Local Businesses

Amore Nails & Spa | 46868 Hayes Road

Assembly Jiu Jitsu | 17279 Leone Drive

Dream and a Whisk Bakery

51186 Romeo Plank Road

Specialty design cakes, cupcakes, cake pops, etc.!

Lettuce | 50990 Romeo Plank Road

Made-to-order wraps, salads, bowls and more!

Middle Eats | 17673 Hall Road

Fast-casual Mediterranean dining.

Saroki's Crispy Chicken & Pizza

22977 23 Mile Road

Fast-casual chicken and pizza.

Tangled Apron | 15385 Hall Road

Breakfast, brunch and lunch!

Homegrown Macomb

Keep it fresh with Macomb Township's local farm stands

One of the many amazing things that make Macomb Township unique are the farmers that grow and sell fresh flowers and produce right here in our community. You're never far from a family-owned farm stand offering locally grown produce.

When you buy locally grown produce or flowers from community farmers, you are directly contributing to the economic growth of our Township. Locally grown and harvested produce is often fresher and more nutritious, having typically been harvested at its peak ripeness.

Check out one of Macomb Township's several local farmstands today: www.macombtwp.org/homegrownmacomb.



LOCALLY GROWN PRODUCE, FLOWERS & SOD

Altermatt Farms & Greenhouses
 Boyka's Farm
 Deneweth Garden Center
 Gardens and Beyond
 Kogelmann's Creekside Sod Farm
 Koss Farms
 Kutchey Family Farm

Neimann Farms
 Oliver Sod and Greenhouses
 Olejnik Farms
 Ray Wiegand's Nursery
 Schramm's Farm Market
 Vansteenkiste Farms
 Village Gardens and Greenhouses

Do you or a resident you know have any locally made or grown goods for sale? Send the name and address to supervisor@macomb-mi.gov to be featured on the Home-grown Macomb webpage.





IN CASE OF FIRE

MTFD RAISES AWARENESS OF FIRE PREVENTION

Fire prevention is crucial for safety, focusing on proactive measures to minimize fire risks and mitigate potential damage. Year round, your Macomb Township Fire Prevention Division works hard to ensure residents have an understanding of fire hazards, preventative strategies and emergency response plans, reflecting the key elements of fire prevention: Education, Engineering and Enforcement.

Understanding Fire Hazards

Fires often start from everyday hazards that get overlooked, like overloaded outlets, faulty wiring or improper storage of flammable materials. It's important to identify potential ignition sources and combustible materials to fully understand and assess the risk of fires in specific environments.

Implementing Preventative Measures

When it comes to reducing the risk of fires in your home, small habits can make



a big difference, like maintaining a clean and clutter-free environment which reduces the risk of fire spread. Build a habit of checking to see that outlets are not being overloaded or extension cords misused, ensuring batteries are unplugged when not in use. ensuring cooking or open flames like candles are never left unattended, and maintaining safety equipment.

Smoke alarms should be tested monthly and the batteries replaced annually. The alarms should be replaced every 10 years. Fire extinguishers need to be replaced every 7 to 10 years, even if the gauge is green.

Building Awareness

Educating and raising awareness of the importance of fire prevention is one of MTFD's top priorities. While the department spreads the word through programs and events, fire safety starts with you.

Help keep you and your family safe by conducting regular drills in your home to ensure everyone knows how to respond in an emergency and be sure to report fire hazards or unsafe conditions you see to the relevant

authorities. You can also take extra steps toward fire safety by investing in modern safety systems like smart fire detection systems or automated suppression systems.

Fire Prevention Month

Fire safety is a lifelong lesson, and it starts early. Every October, the MTFD Fire Prevention Division reaches over 1,500 students, educating them on the importance of fire safety through school visits and field trips.

Every year, the National Fire Protection Association leads Fire Prevention Week, taking place this year from October 5 to October 11, 2025. This year's theme is "Charge into Fire Safety: Lithium-Ion Batteries in Your Home." Learn more about the campaign on the NFPA website: www.nfpa.org/events/fire-prevention-week.

The week will kick off with the annual **Macomb Township Fire Department Open House at Fire Station 3 on Sunday, October 5, 2025.** Bring the family over from 11:00 a.m. to 2:00 p.m. for hands-on activities, fire truck tours and safety demonstrations!

NOW HIRING PART-TIME FIREFIGHTERS!

Protect & Serve The Community
Educational Opportunities
Paid Training Hours

Uniforms & Protective Equipment
Competitive Pay
Signing Bonus

A \$1,000 SIGNING BONUS AND \$1,000 RETENTION BONUS WILL BE PAID TO ELIGIBLE NEWLY HIRED PART-TIME FIREFIGHTERS WHO REMAIN IN GOOD STANDING FOR 6-12 MONTHS.

PUBLIC SAFETY AND ROAD INVESTMENTS HIGHLIGHT 2025-2026 TOWNSHIP BUDGET

In June, the Macomb Township Board approved a new fiscal year budget that adds two new sheriff's deputies and sets a record for road funding with no increase to residents' taxes. The \$14 million budgeted for road improvements smashes the previous record of \$6.5 million.

Macomb Township's population has increased by over 8% in the past ten years and the Township will have increased the number of law enforcement officers by over 53% during the same period.

"This budget continues to reflect the priorities of the Board, which are public safety and road improvements," Township Supervisor Frank Viviano said. "Every budget decision starts with considering the improvement to residents' quality of life."



Two Macomb County Sheriff's Deputies will join the ranks at the Macomb Township substation this year.

INTERACTIVE FOUNTAIN & AMENITIES COMING TO TOWN SQUARE

Macomb Township kids will soon enjoy an interactive play fountain at the planned Town Square development thanks to a \$982,000 State of Michigan placemaking grant.

The grant is designed for projects that help communities create unique places for social gatherings and economic development.

This funding will also help add sidewalks and

outdoor restrooms to support events such as the Holiday Tree Lighting at Township Hall.

"The Township

Board been aggressively pursuing grant opportunities to bring residents' state tax dollars back to Macomb Township," said Macomb Township Treasurer Leon Drolet.

"We fought to bring these funds back to our community, which will benefit all residents, especially our children and families."





Photo by Project Fire Buddies

NEW FIRE DEPT. PROJECT BRINGS GOOD DAYS TO CRITICALLY ILL CHILDREN

The Macomb Township Fire Department proudly launched a new chapter of Project Fire Buddies, an initiative that empowers firefighters to bring joy and support to children battling critical illnesses. This program expands the Dept.'s role in the community by bringing comfort and support to families when they need it most.



"We are honored to bring Project Fire Buddies to Macomb Township," said Chief Bob Phillips. "Our firefighters are dedicated to making a positive impact in the lives of these brave children and their families, offering them moments of joy and support during such challenging times."

Project Fire Buddies is a nonprofit that began as a grass roots effort in 2016 and has grown to include over 120 chapters across the country. The program connects critically ill children with their local fire departments, where firefighters volunteer their time to deliver gifts, celebrate milestones, and provide companionship and encouragement through regular visits and special events.

If you would like to volunteer, donate or nominate a child, visit www.projectfirebuddies.org.

RECREATION PROGRAMS

Welcome to your

R.E.A.C.H.

Recreation Events, Activities & Center Happenings

Program Registration

Patrons can visit the Rec Center in person or visit us online at www.macomb-mi.gov. **Resident registration begins Monday, August 25, 2025, at 6:00 a.m.** All Macomb Township addresses will be verified in order to receive the discounted rate. **Open registration begins Tuesday, August 26, 2025, at 6:00 a.m.** See the Aquatics page for swim lesson registration dates.

Refund Policy

To be eligible for a refund, requests must be submitted no later than one business day before the class or program. By default, refunds will be issued as an in-house credit. Household credits, which can be used toward future activities, will be credited in full. If you prefer a refund to your original form of payment, please note that a \$10 processing fee will apply. Refunds will not be issued once a program has started. Additionally, there are no refunds for one-day trips, special events or single day classes.

Rec Center Fees

Daily Admission Pass (Children Ages 3 and under are free with a paying adult)

Macomb Township Residents	\$8.00
Non-Residents	\$16.00

Rec Center AGE RESTRICTION AREAS:

Cardio & Free Weight Centers

Patrons must be currently in 9th grade with a valid High School ID to use the Cardio & Free Weight Centers.

Running/Walking Track

Children in 8th grade and younger must always have a legal guardian (21+) with them when using the track.

MTRC Rules & Policies:

- Photo ID required every visit.
- 10 years and under must be directly supervised by an adult.
- 11 years to 9th grade must have an adult in the facility, but not directly supervised.
- 9th grade+ can be unsupervised but must provide photo ID every visit.

Dress Code

Recreation Center

- Patrons are required to wear appropriate athletic attire.
- All sleeveless shirts must not exceed 2" below the armpit.
- All athletic tops must be worn 3" from the belly button.
- Bare midriffs or otherwise revealing clothing are not permitted.

Memberships

MONTHLY MEMBERSHIPS: Recurring billing deduction from credit card or billing account.

Resident Adult (21+)	\$30.00
Non-Resident Adult (21+)	\$60.00
Resident Child (4+)	\$20.00
Non-Resident Child (4+)	\$40.00
Resident Senior (55+)	\$20.00
Non-Resident Senior (55+)	\$40.00

ANNUAL MEMBERSHIPS: Includes 12 months paid plus a **FREE** 13th month.

Resident Adult (21+)	\$360.00
Non-Resident Adult (21+)	\$740.00
Resident Child (4+)	\$240.00
Non-Resident Child (4+)	\$480.00
Resident Senior (55+)	\$220.00
Non-Resident Senior (55+)	\$480.00

SUMMER MEMBERSHIP \$120.00/\$240.00

TRIAL MEMBERSHIP (30 Days) \$30.00/\$60.00

Aquatics Center

- Appropriate swimming attire (i.e. swimsuit, swim trunks) is required in the pool (at the discretion of the staff). No street clothes, cut-off shorts, athletic apparel, etc.
- Children are permitted to wear swim diapers or securely fitted rubber pants **ONLY**. Diaper changes must occur in the restroom and must be disposed of in the restroom trash.



Thank you!

MTPR SPONSORS



PREMIER SPONSORS

Badalamenti-Ferlito Orthodontics | 586.210.9210 | drbortho.com
First State Bank | 586.863.9352 | fsb.bank
Gompers, Cornish & Barr | 586.949.2300 | gcbinsurance.com
Macomb Orthodontics | 586.226.2722 | macomborthodontics.com
Silver Pine Medical Group | 586.726.4823 | silverpinedocs.com

OFFICIAL SPONSORS

Bounce About Rentals | 586.980.9059 | bounceabout.com
Fox Subaru Macomb | 586.203.4800 | foxsubarumacomb.com
Meijer Grocery | meijer.com
Dept. of Health & Human Services - Foster Care | michigan.gov/hopeforahome
MJC Companies | 586.263.1203 | mjccompanies.com

GOLD SPONSORS

Anderson, Eckstein and Westrick, Inc. | 586.726.1234 | aewinc.com
Christian Financial Credit Union | 586.772.6330 | christianfinancialcu.com
Edward Jones - Kevin Ott | 586.693.3602 | edwardjones.com/us-en/financial-advisor/kevin-ott
Heiritage Law | 586.465.2331 | Heirlaw.com
Pearle Vision of Shelby Township | 586.803.3152 |
pearlevision.com/pv-us/stores/mi/shelby-township/P866
Michigan United Credit Union | 248.647.5958 | michiganunitedcu.org
Team Rehabilitation Physical Therapy | team-rehab.com

SILVER SPONSORS

Aetna Better Health of MI (Medicare-Medicaid Plan) | 586.636.1606 |
laetnabetterhealth.com/michigan/members/medicare-medicaid
American House Sterling Woods | 586.268.8550 | Americanhouse.com
CCA Health Michigan | 844.884.9593 (TTY) | ccahealthmi.org
Fishbeck, Thompson, Carr & Huber, Inc. | 586.412.1406 | fishbeck.com
Green Garden Child Development Center | 248.571.5767 | greengardencdc.com
Michigan Schools & Government Credit Union | 586.263.8800 | msgcu.org
Oakleigh of Macomb Senior Living | 586.997.8090 | OakleighMacomb.com
Plante Moran | 586.416.4900 | plantemoran.com
Westwood Inn Senior Living | 586.267.9500 | westwoodinnseniorliving.com

BRONZE SPONSORS

AAA Insurance Macomb | 586.469.4050 | locator.acg.aaa.com/mi/macomb/aaa-macomb
Acorn Health | 610.726.0479 | acornhealth.com
Bubba's 33 | bubbas33.com
Buscemi's 23 & Card Pizza/Party Store | 586.649.0300 | buscemis23card.com
Camp Bow Wow | 586.488.1193 | campbowwow.com/shelby-township
Dave and Buster's Utica | 586.930.1515 | daveandbusters.com
The Davey Tree Expert Company | 586.842.2306 | davey.com/residential-tree-services/local-offices/northeast-detroit-tree-service
Deneweth's Garden Center | 586.247.5533 | deneweths.com
Duluth Trading Company | 586.690.6808 | duluthtrading.com
Genesis Chiropractic | 586.949.0500 | genesischiro-macomb.com
Hart Hearing Center | 586.474.4998 | Harthearingcenter.com
Lakeside Collision | 586.532.8690 | lakesidecollisioninc.com
MatRX Health and Fitness | 586.232.3644 | matrxhealthandfitness.com
St. Clair Dermatology | 586.207.2244 | stclairdermatology.com

FRIENDS

American House Sterling Heights
Autism Society of Greater Detroit
Baldwin House Senior Living
Chippewa Valley School District
Clinton-Macomb Public Library
El Charro Restaurants
Fitzpatrick Home Health Partner
Jet's Pizza
Kiwans Club of Macomb
Kroger
Macomb County Sheriff Department
Macomb Township Fire Department
Oliver Sod Farm
Orchard Grove Senior Living
Alysia Ritter, The Salvati Insurance Group
Red Robin of Clinton Township
Shelby Crossing
Starbucks
State Farm - Aaron Seitz

SENIOR PROGRAMS

(586) 992-2900

Programs held at the Macomb Township Senior Center located at 51210 Alma Dr., one mile east of Romeo Plank Road behind Fire Station 1, unless otherwise noted. Senior programs are for those 55 and up. Pre-registration is required for all FREE events with an asterisk (*).

Cardio Mondays

Mo | 9/8 - 10/27 | 8:30a - 9:30a | \$8 / \$16
Mo | 11/3 - 12/22 | 8:30a - 9:30a | \$8 / \$16

Thursday Morning Exercise - No class on 11/27.

Th | 9/4 - 10/23 | 8:30a - 9:30a | \$8 / \$16
Th | 10/30 - 12/18 | 8:30a - 9:30a | \$7 / \$14

Chicks with Sticks Knitting & Crochet Group

Th | 9/11 - 12/18 | 10:00a - 12:00p | \$14 / \$16
- No class on 11/27.

Friday Walking Club

Fr | 9/5 - 10/24 | 8:30a - 9:30a | FREE

Senior Matinee

Mo | 9/22 - Nonna's | 12:30p | \$1/\$2
Mo | 10/20 - Wicked | 12:30p | \$1/\$2
Mo | 11/17 - The Life List | 12:30p | \$1/\$2
Mo | 12/15 - National Lampoon's Christmas Vacation | 12:30p | \$1/\$2

Monthly Blood Pressure Checks

Drop into the Senior Center between 10:30 a.m. - 11:00 a.m. on 9/17, 10/15, 11/19 and 12/17 for this complementary service provided by the Macomb Township Fire Department.

Wii Bowling

Mo | 9/29 | 12:00p - 2:30p | \$5/\$10
Mo | 10/27 | 12:00p - 2:30p | \$5/\$10
Mo | 11/24 | 12:00p - 2:30p | \$5/\$10

Pizza and Bingo

We | 9/17 | 11:00a - 1:00p | \$7/\$12
Sponsored by: Team Rehab
We | 10/15 | 11:00a - 1:00p | \$7/\$12
Sponsored by: Baldwin House Lakeside
We | 11/19 | 11:00a - 1:00p | \$7/\$12
Sponsored by: American House Sterling Woods
We | 12/17 | 11:00a - 1:00p | \$7/\$12

Early Bird Euchre Party

We | 9/10 | 10:00a - 12:30p | \$4/\$8
We | 10/8 | 10:00a - 12:30p | \$4/\$8
We | 11/12 | 10:00a - 12:30p | \$4/\$8

Pop-Up Tech Help*

Assisting you with questions regarding electronic devices
Th | 9/18 | 10:00a - 11:00a | FREE
Th | 10/23 | 10:00a - 11:00a | FREE
Th | 11/20 | 10:00a - 11:00a | FREE
Sponsored by: Clinton-Macomb Public Library

Euchre Party & Lunch

Fr | 9/26 | 11:30a - 3:00p | \$6/\$11
Sponsored by: Alysia Ritter - Salvati Insurance
Fr | 10/24 | 11:30a - 3:00p | \$6/\$11
Sponsored by: Sunrise Senior Living
Fr | 11/21 | 11:30a - 3:00p | \$6/\$11
Fr | 12/19 | 11:30a - 3:00p | \$6/\$11
Sponsored by: Oakleigh of Macomb Senior Living

Open Cards & Camaraderie

Drop-in to play Euchre, Pinochle or Dominoes with friends (no money involved).
Th | 9/18 | 1:00p - 3:00p | \$1/\$2
Th | 10/16 | 1:00p - 3:00p | \$1/\$2
Th | 11/20 | 1:00p - 3:00p | \$1/\$2
Th | 12/18 | 1:00p - 3:00p | \$1/\$2

Book Club

Books not included. Meeting dates are Thursday 9/18, 10/16, 11/20, 12/18.
1:00p - 2:00p | \$4/\$8

Canvas Painting - HAY THERE!

This is a step-by-step instructional class where you'll create a stunning fall painting. All supplies provided.
Mo | 9/19 | 10:00a - 11:00a | 8x10 inch: \$38/\$43
11x14 inch: \$45/\$50

Medicare 101: Navigating Your Healthcare Options*

Mo | 10/6 | 10:00a - 11:00a | FREE
Mo | 12/1 | 10:00a - 11:00a | FREE
Sponsored by: Alysia Ritter, The Salvati Insurance Group

Health & Wellness Presentation for Seniors*

Join us for an informative and engaging presentation hosted by the medical professionals at Silver Pine Medical Center.
Fall Prevention
Mo | 9/22 | 10:00a - 11:00a | FREE
How to Prepare for Cold & Flu Season
Mo | 10/13 | 10:00a - 11:00a | FREE



Mahjong Madness: Bring Your Own Tile Set & Join the Fun!

Tu | 9/23 | 1:00p - 3:00p | \$2/\$4
 We | 10/22 | 1:00p - 3:00p | \$2/\$4
 Tu | 11/25 | 1:00p - 3:00p | \$2/\$4

Matter of Balance: Managing Concerns about Falls*

Tu | 9/9 - 10/28 | 10:00a - 12:00p | FREE
 Sponsored by: AgeWays

Camera Bootcamp

Learn the basics of digital photography.
 Tu | 9/30 - 10/21 | 12:00p - 3:00p | \$35/\$40

Preserving Your Family Memories

Join the CMPL for a presentation on free available equipment to preserve and share your family's memories, including converting photos, slides, VHS tapes, and Super 8mm to digital files. As a special bonus, every attendee may bring up to 50 photos to have scanned while you wait!

Mo | 9/15 | 10:00a - 11:00a |
 Sponsored by: Clinton-Macomb Public Library

Fire Extinguisher Training* (Hands-On Experience)

Meeting Location: Fire Station 1
 We | 9/24 | 10:00a - 12:00p | FREE

Fall Recipes - Cooking Class with Chef Lauren

Menu: Tomato Soup -Focaccia Bread -Fall Salad
 Fr | 10/3 | 10:00a - 12:00p | \$30/\$35

Faux Pumpkin Decorating

Fr | 10/17 | 10:00a - 12:00p | \$8/\$13

DIY Halloween Candy Jar

We | 10/22 | 10:00a - 12:00p | \$6/\$11
 Sponsored by: Oakleigh of Macomb Senior Living

Floral Designing with Frank Viviano

Fall Centerpiece
 We | 10/29 | 9:30a - 11:00a | \$40/\$45

Christmas Wreath
 Fr | 12/5 | 9:30a - 11:00a | \$40/\$45

Book Vase*

Craft a floral vase from a book!
 Fr | 11/7 | 10:00a - 11:00a | FREE
 Sponsored by: Clinton-Macomb Public Library

Using Adaptive Technology*

Demonstration of a wide variety of adaptive technology devices that can help people with disabilities stay connected with friends and family, access essential information, and enhance day-to-day activities.
 Fr | 9/12 | 10:00a - 11:00a | FREE
 Sponsored by: Clinton-Macomb Public Library

Spooktacular Luncheon & Dueling Pianos

Fr | 10/31 | 12:00p - 2:00p | \$15/\$20
 Sponsored by: Oakleigh of Macomb Senior Living

Mental Health Seminar*

Refreshments provided by Aetna.
 Tu | 11/4 | 10:00a - 11:00a | FREE

Friendsgiving Potluck

Bring a dish & win prizes! See online for category details.
 Fr | 11/14 | 12:00p - 1:30p | \$5/\$10

Creating Your Estate Plan*

Tu | 11/25 - 12/9 | 9:00a - 10:00a | FREE
 Sponsored by: Edward Jones - Kevin Ott

Radiant Creations: Poinsettia (Stained Glass)

We | 11/26 | 10:00a - 12:00p | \$45/\$50

Bingo Bells - A Christmas Music Bingo Morning

We | 12/3 | 10:00a - 11:30a | \$5/\$10
 Sponsored by: Shelby Crossing Health Campus & Orchard Grove Health Campus

Soap & Sip

Craft soap and enjoy refreshments!
 Mo | 12/8 | 10:00a - 11:00a | \$6/\$11
 Sponsored by: Oakleigh of Macomb Senior Living

Jingle & Mingle Holiday Brunch

We | 12/10 | 10:30a - 12:00p | \$15/\$20
 Sponsored by: Westwood Inn Senior Living

Belle Heritage Concert

Hand Bell choir performance.
 Tu | 12/16 | 1:00p - 2:30p | \$5/\$10
 Sponsored by: Silver Pine Medical Group

Fall Nights Bracelet Class

We | 10/1 | 10:00a - 12:00p | \$14/\$19
 (\$15 supply fee is payable to the instructor on the day of class)

Holiday Sparkle Bracelet Class

Tu | 11/18 | 10:00a - 12:00p | \$14/\$19
 (\$15 supply fee is payable to the instructor on the day of class)



SENIOR TRIPS

See online for full trip details

Saugatuck, MI - A Cozy Canvas of Color and Charm

Fr | 10/17 | 6:30a - 8:30p | \$120

Deadline to Register: September 25, 2025

Dames at Sea - OPC Rochester Luncheon Show

Tu | 10/21 | 11:15a - 3:45p | \$25/\$30

Deadline to Register: September 15, 2025

Casino Trip – Soaring Eagle

We | 11/5 | 8:00a-5:00p | \$50/\$55

Deadline to register: October 29, 2025



Soaring Eagle Casino



Meadow Brook Hall



Saugatuck, MI

Zehnder's Christmas Concert – Holiday Shows Groove Marmalade

Tu | 12/2 | 9:00a-6:00p | \$135

See online for deadline to register.

Meadow Brook Holiday Tour & Lunch

Fr | 12/12 | 10:15a-2:15p | \$65/\$70

Deadline to register: November 21, 2025



HALLOWEEN
Hoopla!
TRUNK-OR-TREAT
MACOMB TOWNSHIP REC. CENTER



OCTOBER 10, 2025
6:00 PM - 9:00 PM



HOLIDAY
Tree Lighting
& AFTERGLOW

December 5, 2025
6:30 PM - 8:30 PM

FT. THE FIRST STATE BANK
FIREWORKS

Macomb Township Hall Steps



SANTA
Cruise
Light Parade

SANTA CLAUS IS COMING TO TOWN!
CHECK MTPR WEBSITE FOR OFFICIAL
PARADE ROUTE.

SAVE THE DATE

Sunday, December 7
5:30 PM



JINGLE BELL
Brunch

DECEMBER 13

BREAKFAST WITH SANTA!

REGISTER ONLINE AT MACOMB-MI.GOV/REC
ALL PARTICIPANTS 1 YR AND UP NEED A TICKET
PRE-REGISTRATION REQUIRED





Macomb Township Swim School - NEW!!!

Full class descriptions are available online.

Parent Assisted Swim (PAS) Lessons (Ages 1-5 years)

For those just getting started, we offer Parent Assisted Swim Lessons! PAS Lessons are introductory classes that include both the parent/guardian and the child actively participating in the class together.

PAS Beginner: Ages 1 to 3 years

For toddlers who are new to swimming or may have some fear of swimming. Activities intended to teach children how to have fun and to be comfortable in the water, but not how to swim. The goal is to help the child be comfortable in the pool and with instructors using a "Play" based approach.

PAS Intermediate: Ages 3 years to 5 years

For toddlers and preschool age children who may have experience in the water but still benefit from a parent being in the water assisting them. While continuing with a "Play" based approach, class focuses on getting children more independent in the water.



*"Can my child who is under 6 years of age join the Learn To Swim Group Lessons? If your child can be in the water without a parent AND go underwater unassisted then YES. As a matter of fact, we want you to enroll them in the LTS Group Lessons if they are comfortable in the water! Your child **MUST** be able to get in the water, go underwater and work independently with an instructor without your involvement to enroll in LTS Group Lessons"*

Learn to Swim (LTS) Group Lessons (Ages 6-12 years)

See Website for more details.

Group lessons are perfect for any swimmer ages 6 – 12 years. Classes are 45 Minutes. The skills taught in group lessons start with building underwater exploration and teaching basic swimming skills for beginners, all the way up through advanced swimming techniques and swimming full laps for advanced swimmers. On the first day of class each student will be tested and split up into separate classes with other students of a similar level based on their current skill set.

***YOU NO LONGER HAVE TO REGISTER FOR A SPECIFIC LEVEL FOR THE LEARN TO SWIM (LTS) GROUP LESSONS!!!** Just sign up for a time slot, and your student will be tested on the first day of class and assigned to the correct level.

Private Swim Lessons are listed on our website.

ADAPTIVE PROGRAMS



Club Create (Ages 18+)

All materials provided. Instructor: Debi Martone.
Hosted by: Michigan Arts Access | 6 wk sessions

Session 1

We | 9/10-10/15 | 10:30a -11:15a | \$15

We | 9/10-10/15 | 11:45a -12:30p | \$15

Session 2 (No class November 26)

We | 11/5-12/17 | 10:30a -11:15a | \$15

We | 11/5-12/17 | 11:45a -12:30p | \$15

Let's Get Moving! (Ages 18+)

Volunteers Needed: *If you can spare a few hours per month to assist with our class, we could use your help. Please contact Dana for a volunteer application at (734) 778-9332.*

Session 1

Th | 9/11-10/16 | 12:00p-12:45p | \$15

Session 2 (No class November 27)

Th | 11/6-12/18 | 12:00p-12:45p | \$15

Adaptive Paint Parties (Ages 7+)

Materials included with cost of registration.

Autumn Foursome!

Sa | 10/18 | 1:30p-3p | \$17 (Caregiver needed)

December Foursome!

Sa | 12/13 | 1:30p-3p | \$17 (Caregiver needed)

Wednesday Social (Ages 16+)

Join TrueLife Academy each month for a Wednesday Social.

Cardio Drumming

Wed | 9/17 | \$5

Halloween Movie Night

Join us for a relaxed and inclusive movie night! Enjoy a great film, delicious popcorn, and a fun social atmosphere with friends.

Wed | 10/15 | \$5

Fall Pizza & Bingo

A social and exciting evening tailored for individuals with special needs! Enjoy delicious pizza, play Bingo, and win fun prizes in a welcoming space.

Wed | 11/19 | \$10

Christmas Craft

Let your creativity shine with guided, hands-on arts and crafts projects designed for all abilities. Take home a unique masterpiece and enjoy a fun-filled class!

Wed | 12/17 | \$10

Buddy Soccer (Ages 10+)

This is a non-competitive recreational league for boys and girls with cognitive disabilities, with or without physical impairments. Each player is paired with a buddy, age 10+, to assist them as needed and are provided by the league. The team t-shirt is included with player registration. This league meets once per week, no practices.

Mo | 9/8 - 10/13 | 6:00p - 7:00p | \$95



YOUTH PROGRAMS

Challenger Youth Soccer Classes - Macomb Township Recreation Center

Tiny Tykes (Ages 3-5)

Tu | 9/16-10/21 | 5:30-6:30p | \$125/\$135

Tu | 11/4-12/9 | 5:30-6:30p | \$125/\$135

Mighty Tykes (Ages 6-9)

Tu | 9/16-10/21 | 6:30-7:30p | \$125/\$135

Tu | 11/4-12/9 | 6:30-7:30p | \$125/\$135

Skyhawks Volleyball Clinic - Macomb Township Recreation Center

Ages 8-10

Mo | 9/15-10/20 | 5:30-6:30p | \$145/\$155

Mo | 11/3-12/8 | 5:30-6:30p | \$145/\$155

Ages 11-14

Mo | 9/15-10/20 | 6:30-7:30p | \$145/\$155

Mo | 11/3-12/8 | 6:30-7:30p | \$145/\$155

Skyhawks First Down Tots (Flag Football) Macomb Township Recreation Center

Ages 2-3

Sa | 9/13-10/18 | 10:30-11:15a | \$130/\$140

Ages 4-5

Sa | 9/13-10/18 | 11:30a-12:15p | \$130/\$140

Skyhawks Hoopster Tots (Basketball) - Macomb Township Recreation Center - No class on 11/29.

Ages 2-3

Sa | 10/25-12/6 | 10:30-11:15a | \$130/\$140

Ages 4-5

Sa | 10/25-12/6 | 11:30a-12:15p | \$130/\$140

TGA Golf for Kids (Grades K-6) - Macomb Township Recreation Center

Sa | 9/13-10/18 | 10:00-11:00a | \$149/\$159

Sa | 10/25-12/6 | 10:00-11:00a | \$149/\$159

Private Basketball Training, 1 on 1 Basketball Academy

Contact the front desk at 586-992-2900 to set-up a consultation for private basketball lessons.

(1) 1 Hr. Private Session | \$75/\$85

(1) 1 Hr. Semi-Private Session (2 people) | \$100/\$200

(4) 1 Hr. Private Session | \$280/\$300

(8) 1 Hr. Private Session | \$520/\$540

Basketball Skills Clinic (Ages 7-14) - Macomb Township Recreation Center - No class on 11/27.

Th | 9/11-10/16 | 6:00-7:00p | \$145/\$155

Th | 10/30-12/11 | 6:00-7:00p | \$145/\$155

Courage Martial Arts Kids Karate Program

Location: CMA Dojo (Hall Rd. & Tilch)

NEW Tiny Tiger Karate (Ages 2-3)

Th | 9/11-10/23 (No Class 9/25) | 5:00-5:30p | \$69/\$79

Th | 11/6-12/18 (No Class 11/27) | 5:00-5:30p | \$69/\$79

Ages 4-5

Th | 9/11-10/23 (No Class 9/25) | 5:30-6:00p | \$69/\$79

Th | 11/6-12/18 (No Class 11/27) | 5:30-6:00p | \$69/\$79

Ages 6-17

Th | 9/11-10/23 (No Class 9/25) | 6:00-6:30p | \$69/\$79

Th | 11/6-12/18 (No Class 11/27) | 6:00-6:30p | \$69/\$79

Youth Paint Parties (Ages 7+)

Autumn Foursome!

Sa | 10/18 | 11:30a-1:00p | \$17/\$22

December Foursome!

Sa | 12/13 | 11:30a-1:00p | \$17/\$22

Safe Sitter Babysitting Clinic (Ages 11+)

Sa | 9/20 | 9:00am-3:30p | \$90/\$95

Sa | 10/25 | 9:00am-3:30p | \$90/\$95

Sa | 11/22 | 9:00am-3:30p | \$90/\$95

Parents Night Out (Swim & Movie & More) (Ages 6-12)

Fr | 10/24 | 5:00-10:00pm | \$35/\$40

Sponsored by: First State Bank & Bounce About

Young Rembrandts

Drawing with Young Rembrandts (6 wks) (Ages 6-12)

Mo | 9/15-10/20 | 6:00-7:00p | \$150/\$160

Cartooning with Young Rembrandts (5 wks) (Ages 6-12)

Mo | 11/10-12/8 | 6:00-7:00p | \$125/\$135

Cooking Classes with Chef Lauren Nardone (Ages 8-14)

After School Snacks

Menu: Pizza Bagels - Ranch Snack Mix - Yogurt Parfaits

Tu | 9/23 | 4:30- 6:00p | \$30/\$35

Fall Sweet Shop

Menu: Pumpkin Spice Popcorn - Apple Cinnamon Muffins - Jumbo Butterscotch & Chocolate Chip Cookie

Tu | 11/18 | 4:30-6:00p | \$30/\$35

Sweet Art: Fall Cookie Decorating with Megan (Ages 8+)

We | 11/5 | 6:00-7:30p | \$30/\$35

Into the Night: Bat Hike (Ages 5+)

Location: 26 Mile Nature Preserve
Sponsored by: Fox Subaru Macomb
We | 9/17 | 7:00-9:00p | \$5/\$8

Learn to Skate (Ages 3-11) - Suburban Ice Macomb Fall 1 (6 Weeks)

Su | 9/7-10/12 | 10:45a-11:35p or 11:35a-12:25p | \$120/\$130

Mo | 9/8-10/13 | 5:50p-6:40p | \$120/\$130

Th | 9/11-10/16 | 5:50p-6:40p | \$120/\$130

Fall 2 (6 Weeks) No Classes 11/9, 11/23, 11/24 & 11/27

Su | 10/19-12/7 | 10:45a-11:35p or 11:35a-12:25p | \$120/\$130

Mo | 10/20-12/1 | 5:50p-6:40p | \$120/\$130

Th | 10/23-12/4 | 5:50p-6:40p | \$120/\$130

Winter 1 (6 Weeks) No Classes 1/18

Su | 1/4-2/15 | 10:45a-11:35p or 11:35a-12:25p | \$120/\$130

Mo | 1/5-2/9 | 5:50p-6:40p | \$120/\$130

Th | 1/8-2/12 | 5:50p-6:40p | \$120/\$130

Fold, Draw and Create with Andrew

Digital Comics Making Series (Ages 7+)

We | 10/1-10-22 | 6:00-8:00p | \$150/\$160

Caricature Workshop (Ages 7+)

Mo | 11/3 | 6:00-8:00p | \$35/\$40

Fold and Relax Origami Workshop (Ages 7+)

Mo | 10/3 | 6:00-8:00p | \$35/\$40

The Dance and Movement Workshop – Dance Classes

Classes will begin the week of Sept. 8 and end the week of Dec. 15. There will be no class the week of Nov. 24. The cost of classes includes a dress rehearsal on Dec.19 at 6p.m. along with a final showcase on Dec.20 at 6p.m.

Dance Buddies (Parent-Tot) (18 months to 3 years)

Mo | 9/8-12/15 | 10:00a-10:30a | \$172/\$182

We | 9/10-12/17 | 10:00a-10:30a | \$172/\$182

Mini Movers (Ages 2.5-4)

Mo | 9/8-12/15 | 10:30-11:00a | \$172/\$182

Tu | 9/9-12/16 | 4:00-4:30p | \$172/\$182

Tu | 9/9-12/16 | 5:15-5:45p | \$172/\$182

We | 9/10-12/17 | 10:30-11:00a | \$172/\$182

Beginning Ballet (Ages 7-10)

Tu | 9/9-12/16 | 5:45-6:30p | \$212/\$222

Beginning Ballet (Ages 11+)

We | 9/10-12/17 | 5:30-6:30p | \$252/\$262

Intermediate Ballet (Ages 7-10)

Mo | 9/8-12/15 | 5:30-6:15p | \$212/\$222

Intermediate Ballet & Pre-Pointe (Ages 11+)

Mo | 9/8-12/15 | 6:15-7:45p | \$332/\$342

Intermediate Ballet & Pointe (Ages 11+)

We | 9/10-12/17 | 7:15-8:45p | \$332/\$342

Contemporary (Ages 7-10)

Th | 9/11-12/18 | 5:30-6:15p | \$212/\$222

Contemporary (Ages 11+)

Tu | 9/9-12/16 | 7:15-8:00p | \$212/\$222

Beginning Jazz (Ages 7-10)

Tu | 9/9-12/16 | 6:30p-7:15p | \$212/\$222

Beginning Jazz (Ages 11+)

W | 9/9-12/16 | 6:30p-7:15p | \$212/\$222

Intermediate Jazz (Ages 7-10)

Th | 9/11-12/18 | 6:15p-7:00p | \$212/\$222

Intermediate Jazz (Ages 11+)

Th | 9/11-12/18 | 7:45p-8:30p | \$212/\$222

Tap (Ages 7-10)

Th | 9/11-12/18 | 4:45p-5:30p | \$212/\$222

Tap (Ages 11+)

Th | 9/11-12/18 | 7:00p-7:45p | \$212/\$222

Petite Performers Combo Classes (Ages 4-6)

Ballet/Tap

Mo | 9/8-12/15 | 4:00-4:45p | \$212/\$222

Tu | 9/9-12/16 | 4:30-5:15p | \$212/\$222

We | 9/10-12/17 | 11:00-11:45a | \$212/\$222

We | 9/10-12/17 | 4:45-5:30p | \$212/\$222

Jazz/Hip Hop

Mo | 9/8-12/15 | 11:00-11:45a | \$212/\$222

Mo | 9/8-12/15 | 4:45-5:30p | \$212/\$222

We | 9/10-12/17 | 4:00-4:45p | \$212/\$222

Th | 9/11-12/16 | 4:00-4:45p | \$212/\$222

Adult Dance Classes (Ages 18+)

Adult Ballet

Tu | 9/9-12/16 | 8:00-8:45p | \$212/\$222

Adult Jazz/Contemporary

Mo | 9/8-12/15 | 7:45-8:30p | \$212/\$222

A Christmas Story, The Musical - Fox Theatre

Join young Ralphie Parker on his quest for the ultimate Christmas gift, a Red Ryder® Carbine Action 200-Shot Range Model Air Rifle, as he dodges bullies, bunny pajamas, and a maniacal mall Santa along the way. With unforgettable characters, show-stopping numbers, and laugh-out-loud moments, it's a nostalgic treat for the whole family! Transportation will depart at 11:45a from the Marvin Blank Senior Center located at 51210 Alma Dr. Show starts at 1:00p.

Su | 11/16 | 11:45a - 4:00p | \$55/\$60



ADULT PROGRAMS

TAMIYA RYU IAIJUTSU (Koryu Japanese Sword Art)

Sa | 9/13-10/25 | 10:30a-12:00p | \$80/\$90
Sa | 11/1-12/13 | 10:30a-12:00p | \$80/\$90

Men's 4X4 Basketball League - Macomb Township Recreation Center

Players must be 18+ to participate.
Team Fee: \$550
Fee Includes: Officials & scorekeeper.
Th | 1/22-4/9 | 6:00-9:00p

Co-ed 6x6 Indoor Volleyball League - Macomb Township Recreation Center

League is open to all skill levels, and you must be 18 years old to participate
We | 10/8-12/10 | 6:00-9:00p | \$300

Pickleball Lessons (Ages 18+) - John Wilson Beginner Level

Sa | 9/13, 9/20 | 8:30-10:00a | \$50/\$55
Sa | 11/8, 11/15 | 8:30-10:00a | \$50/\$55

Beginner 2 Level

Sa | 9/27, 10/4 | 8:30-10:00a | \$50/\$55
Sa | 11/22, 11/29 | 8:30-10:00a | \$50/\$55

Intermediate Level

Sa | 12/6, 12/13 | 8:30-10:00a | \$50/\$55



Italian Classes (Ages 18+)

Taught By: Iolanda Agazzi

Required text to purchase: Second Edition Italian: A Self-Teaching Guide | Written By: Edoardo A. Lebano | ISBN 978-0-471-35961-6

Beginners Italian

Sa | 9/20-11/22 | 10:30a-12:00p | \$165/\$175

Continuing Italian

Sa | 9/20-11/22 | 12:00-1:30p | \$180/\$190

Art with Saveria Giovinazzo

Girls Night Out (18+) – Lucido Park

There is a \$7 material fee due to instructor on day of class. (Cost is per class)

Th | 10/23 & 12/18 | 6:30p-8:30p | \$25/\$30

The Groundwork for Graphite Pencils (18+)

There is a \$20 material fee due to instructor on first day of class.

Th | 9/18-10/16 | 6:30p-8:30p | \$100/\$110

The Possibilities of Oil Pastels (18+)

There is a \$20 material fee due to instructor on first day of class.

Mo | 9/22-10/20 | 10:00a-12:00p | \$100/\$110

The Making of Mandalas (18+)

There is a \$20 material fee due to instructor on first day of class.

Th | 11/6-12/11 (No class on 11/27) | 6:30p-8:30p | \$100/\$110

Welcome to Watercolor Pencils (18+)

There is a \$20 material fee due to instructor on first day of class.

Mo | 11/10-12/8 | 10:00a-12:00p | \$100/\$110



Creating Community Through People, Parks, & Programs

Telephone
(586) 992-2900

Email
parks-rec@macomb-mi.gov

Parks & Recreation Director
Salvatore A. DiCaro Jr.

Facility Supervisor
Gina M. Muszynski

Aquatics Supervisor
Fernella C. Giannone

Parks Supervisor
Brian Wouters



FITNESS PROGRAMS

Water Aerobics Tanya Carper & Lori Steffens

(No Class 11/27)

Mo, We | 9/8-10/22 | 9:00-10:00a | \$80/\$90

Tu, Th | 9/9-10/23 | 9:00-10:00a | \$80/\$90

Session 2 canceled due to Aquatics Center construction.

Gentle Yoga (Seniors/Beginners) - Stephanie Shell

Tu | 9/9-10/21 | 10:30-11:30a | \$60/\$70

Tu | 11/4-12/16 | 10:30-11:30a | \$60/\$70

H.I.I.T - Jenna Neumann

Tu | 9/9-10/21 | 6:30-7:30p | \$60/\$70

Tu | 11/4-12/16 | 6:30-7:30p | \$60/\$70

Yoga (Slow Flow) - Jennifer Cederquist

Tu | 9/9-10/21 | 7:45-8:45p | \$60/\$70

Tu | 11/4-12/16 | 7:45-8:45p | \$60/\$70

Strength & Tone - Heather Circo

Mo | 9/8-10/20 | 9:30-10:30a | \$60/\$70

Mo | 11/3-12/15 | 9:30-10:30a | \$60/\$70

Zumba - Jessica Kolzow

We | 9/10-10/22 | 7:00-8:00p | \$60/\$70

We | 11/5-12/17 | 7:00-8:00p | \$60/\$70

Tai-Chi/Qigong - Sophia Treppa

(No Class 11/27)

Th | 9/11-10/23 | 11:00a-12:00p | \$60/\$70

Th | 10/30-12/18 | 11:00a-12:00p | \$60/\$70

POUND - Jenna Neumann

(No Class 11/27)

Th | 9/11-10/23 | 7:45-8:45p | \$60/\$70

Th | 10/30-12/18 | 7:45-8:45p | \$60/\$70

Sa | 9/13-10/25 | 10:00-11:00a | \$60/\$70

Sa | 11/8-12/20 | 10:00-11:00a | \$60/\$70

Circuit Blast - Jenna Neumann

(No Class 11/27)

Th | 9/11-10/23 | 6:30-7:30p | \$60/\$70

Th | 10/30-12/18 | 6:30-7:30p | \$60/\$70

Personal Training at M.T.R.C. - Carrie Blankertz

Contact the front desk at 586-992-2900 to set up a consultation with our personal trainer.

(1) 1 Hour Private Session | \$60/\$80

(1) 1 Hour Semi-Private Session (2 people) | \$80/\$100

(5) 1 Hour Private Session | \$275/\$295

(10) 1 Hour Private Session | \$500/\$520

Group Personal Training (3-6 people): Training includes 5 sessions. You must sign up together and train together. \$140/\$160 per person.

